

Pre-operative Instructions

1. Discontinue aspirin and any medications containing aspirin for two weeks prior to your surgical appointment, unless instructed by your physician **NOT** to discontinue this medication.
2. Discontinue Advil or any other non-steroidal anti-inflammatory medication one week prior to your surgical appointment. You may substitute Tylenol for these medications.
3. Discontinue Vitamin E supplements one week prior to your surgical appointment.
4. Please inform our office if you are taking any other anticoagulant medication, i.e. Plavix, Coumadin, etc.
5. Take any prescribed antibiotic as directed for heart murmur or valve replacements.
6. If you will need an antibiotic to prevent or treat an infection we will send a prescription to your pharmacy after the procedure. You do not have to start antibiotics before your surgery.
7. Take all routine medications as directed by your physician other than the ones mentioned above.
8. Eat a light meal prior to your surgical appointment. Avoid heavy or greasy foods.
9. Do not smoke for at least two weeks prior to your surgical appointment.
10. Have Advil / Motrin and Tylenol Extra Strength at home.
11. Prepare some soft food you can eat after the procedure. Fish, pasta, soup, or soft bread are good options.